



BUCKWHEAT PETE



Bakes Bread, Bagels
& English Muffins



Easy No Wheat and
Gluten Free Recipes
No Corn, Soy, Milk or Eggs



PETER de Niverville

BUCKWHEAT PETE BAKES BREAD, BAGELS & ENGLISH MUFFINS

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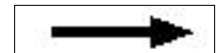
by

Peter de Niverville

**Dedicated to my mother, Janet and
my Aunt “Peggy “ McManus.**

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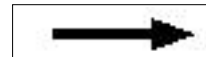


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No health claims are made for these recipes or for their suitability for any individual. Patients who have celiac disease, wheat allergy or are suffering from any other dietary disease, should consult a qualified health professional before trying these recipes.

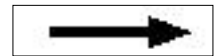


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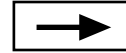
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About the Author

Peter de Niverville is a freelance writer and broadcaster who lives in Riverview, New Brunswick, Canada with his wife, Barbara and their two daughters, Sarah and Abigail. His first two books on baking are entitled, “Buckwheat Pete Bakes Pitas & Tea Biscuits” and “Buckwheat Pete’s Muffin Treats.”



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